



# ASTHMA MANAGEMENT ON FARMS

**Farm productivity can be effected due to  
Asthma symptoms limiting your ability to  
work effectively**



- **YOU MAY HAVE A COUGH OR CHEST TIGHTNESS AND NOT REALISE YOU HAVE ASTHMA**
- **EVERYONE WITH ASTHMA ON FARMS SHOULD HAVE AN ASTHMA MANAGEMENT PLAN WORKED OUT WITH THEIR DOCTOR**
- **EMPLOYERS SHOULD ENCOURAGE THEIR EMPLOYEES TO DISCUSS ASTHMA SO THAT AN ON FARM MANAGEMENT PLAN CAN BE WORKED OUT**

## Contacts

- **Contact your local GP to talk about your Asthma Management Plan**
- **Asthma Educators are located at Community Health Centres**
- **Asthma NSW: 1800 645 130**



**Australian Centre for Agricultural Health and Safety**  
University of Sydney  
PO Box 256 Moree NSW 2400  
Phone: 02 67 528 210  
Fax: 02 67 526 639  
[aghealth@health.usyd.edu.au](mailto:aghealth@health.usyd.edu.au)

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